

**1**



SAVE YOURSELF.  
(Hide under the desks or under the tables.)

**2**



EXTINGUISH THE FIRE AND STOVE.  
CLOSE THE MAIN PLUG.  
TURN OFF THE ELECTRIC BREAKER.

**3**



OPEN THE DOORS AND THE WINDOWS SO THAT YOU CAN ESCAPE.

**8**



WATCH OUT FOR AFTERSHOCKS.  
(Which occurs after a large Earthquake.)

**IT'S AN EARTHQUAKE!  
WHAT DO YOU DO!  
DON'T PANIC!  
CALM DOWN!**

**4**



WEAR YOUR SHOES. (DO NOT STEP ON THE BROKEN GLASS.)

**7**



CHECK THE SAFETY NEARBY,  
WATCH OUT FOR THE BLOCK WALLS.

**6**



ESCAPE IMMEDIATELY WHEN YOUR HOUSE IS ABOUT TO BE BROKEN, TSUNAMI, MOUNTAINS OR LANDSLIDES.

**5**



BRING OUT IMPORTANT THINGS, FOOD, DRINKS, ECT.

- Do not use the phone as much as possible.
- Do not use a car when evacuating (escaping).
- Pick up Kindergartens, Nursery schools, Elem. schools, and Jr., Sr. High schools after considering safety.
- Leave a note to your family to understand when you leave home.
- Stay in your home if it is safe.
- Tall buildings will shake big and slowly. Be careful because chest and drawers will fall.
- During disaster, be prepared to manage food and drinks for about three days.
- FOLLOW THE RULES. HELP EACH OTHER.

